

	Celery	Cereals containing gluten	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts	Peanuts	Sesame	Soya	Sulphur Dioxide
SALADS														
Beets By Urban												*		
Beef Saigon										*	*	*	*	
Cheeky Hummus										*		*		
Gogosan										*		*		
Jakarta										*	*	*	*	
Salmon Avocado					*									
Seoul Chicken										*		*		
Shrimp Habanero			*							*	*	*		
Sweet Beets												*		
Sweet Chick												*	*	
Thai Crunch										*	*	*	*	*
Urban Caesar							*			*				
Veggie Caesar							*			*			*	

*Please note this matrix does not include dressing allergens. Please refer below for the dressing allergens guide

DRESSINGS

Mango Spring Onion														*
Habanero Lime													*	*
Caesar				*			*		*					*
Gochujang Miso													*	*
Thai Peanut										*	*	*	*	*

DESSERTS

Snicker Balls										*	*	*		
Chocolate Mousse												*	*	*



Locations: Canary Wharf, St James's Park, St Pauls

URBAN GREENS

Celery Cereals containing gluten Crustaceans Eggs Fish Lupin Milk Molluscs Mustard Nuts Peanuts Sesame Soya Sulphur Dioxide

SALADS

Beef Saigon										*	*	*	*	
Cheeky Hummus with Chicken										*		*		
Cheeky Hummus with Tempeh										*		*	*	
Jakarta										*	*	*	*	
Salmon Avocado					*									
Seoul Chicken										*		*		
Shrimp Habanero			*							*	*	*		
Sweet Chick with Chicken												*	*	
Sweet Chick with Tempeh												*	*	
Thai Crunch with Chicken										*	*	*	*	*
Thai Crunch with Tempeh											*		*	
Urban Caesar with Chicken								*		*				
Urban Caesar with Tempeh								*		*			*	

WARM SALADS

Gochu Beef											*	*	*	*
Middle Feast												*		*
Umami Chicken								*					*	

*Please note this matrix does not include dressing allergens. Please refer below for the dressing allergens guide

DRESSINGS

Mango Spring Onion														*
Habanero Lime													*	*
Caesar				*		*		*						*
Gochujang Miso												*	*	*
Thai Peanut									*	*	*	*	*	*
Green Tahini											*	*	*	*
Sriracha Lime											*	*	*	*

DESSERTS

Snicker Balls										*	*	*		
Chocolate Mousse												*	*	*